**The Township of Mount Olive Health Department Blood Test Screening (SMAC)**

The Township of Mount Olive Health Department is offering a SMAC Blood test screening on Saturday April 8, 2017 at the Health Department from 8:00 am- 11:00 am. There is a $25.00 fee for Adults ages 18-59 years old, $12.00 for Senior Citizens age 60 years an older. Additional tests options include CRP (C-Reactive Protein) and Homocysteine for $38.00, Hemoglobin A1C to monitor glucose control for $23.00, and a PSA (Prostate Specific Antigen) for $26.00. Registration is required. Please call the Public Health Nurse, Helen Giles at 973-691-0900 ext. 7353 or [hgiles@mtolivetwp.org](mailto:hgiles@mtolivetwp.org) to register.

A SMAC is a panel of 14 separate measurements of chemicals in the blood. These measurements help doctors to diagnose a patient’s overall health by assessing a complete blood count including sodium, glucose, potassium and cholesterol levels. The test also checks an individual’s kidney and liver function and may be a good way to assess the effect of certain medications on your health. If any of these tests are outside the normal range, it may indicate that a patient is at risk for health complications such as diabetes or an electrolyte imbalance. A SMAC blood test is a great way to gain an understanding of certain symptoms you may have been experiencing or to understand how you can make changes to better your health.

Please be advised that this is a fasting blood test. Bring two stamped envelopes with you; one addressed to your physician and one to yourself for your blood test results.

For more information, please contact the Township of Mount Olive Health Department at: (973) 691-0900

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